



WINTER SPECIAL EDITION!!!

Start Taking Charge®... **SAY NO TO COLDS & FLU**



The chances of "catching" a cold or suffering from flu during winter may seem almost inevitable. Two simple preventative measures: hand washing and flu vaccination can make an enormous difference. With this brochure, we help you to help your employees understand and hopefully agree to follow these measures.

It could save your employee illness misery and a possible prolonged recovery time (especially in those at risk employees); and it could save your company lost productivity. Also, if a significant proportion of the workforce are immunised against flu, the less chance there is of those who haven't been immunised from being infected at the workplace.



B074

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